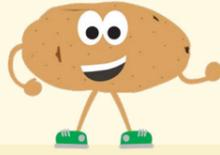


Week 1: 13th Apr, 4th May,
25th May, 15th Jun, 6th Jul,
27th Jul, 17th Aug, 7th Sep,
28th Sep, 19th Oct

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Grove House Primary School Menu



Mon

**ProVeg Beef & Red
Lentil Bolognese &
Garlic Bread**
Red Tractor accredited
Beef Mince & Lentils in
a Tomato & Vegetable
Sauce, served with
Pasta & Garlic Bread.

 **Soya Mince Chilli
with Rice & Nachos**
Soya Mince in a spicy
Tomato Sauce, served
with Rice & Nachos.

 **American-style
Quorn Hot Dog**
Quorn Sausage served
in a Bun, with
Seasoned Potatoes.

Selection of
Sandwiches

 **Lemon
Shortcake &
Custard**
A rich Shortbread
finger with a hint of
Lemon, served with
Custard.

Tue

Pork & Apple Whirl
Red Tractor Accredited
Sausage Meat and
Apples, encased in
Pastry.

 **Halal Chicken
& Spinach**
Red Tractor Accredited
HMC diced Chicken &
Spinach in a Tomato
based Curry Sauce,
served with Pilau Rice /
Naan Bread.

 **Pomodoro Pasta**
A simple, delicious,
rich Tomato Sauce
with Beans, served
with Crusty Bread.

Selection of
Sandwiches /
 Hot Sub Roll

 **Sprinkle Cake**
Homemade -
reduced sugar -
Vanilla Sponge,
lightly topped with
water Icing and
Sprinkles.

Wed

Roast Meat Dinner
Red Tractor Accredited
Meat (either Gammon,
Turkey or Pork Loin)
served with Yorkshire
Pudding, Roast
Potatoes, Seasonal Veg
& Gravy.

 **Halal Roast
Chicken Breast**
Red Tractor accredited
HMC Chicken Breast,
served with Yorkshire
Pudding, Roast
Potatoes & Vegan Gravy.

 **Golden
Cheese Roll**
Cheese mix wrapped
in Puff Pastry, served
with Creamed
Potatoes & Seasonal
Vegetables.

Selection of
Sandwiches

 **Decorated
Fruit Jelly**
Jelly with Fruit,
topped with Fresh
Cream.

Thu

 **Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.

 **Baked Tortilla Wrap
with Julienne of Veg**
Vegetables in a Sauce,
topped with Cheese in
a Tortilla wrap. Served
hot with Chips / Jacket
Wedges.

Selection of
Sandwiches

 **Chocolate
Sponge &
Chocolate Sauce**
Homemade, light
Chocolate Sponge,
served with
Chocolate Sauce.

Fri

**MSC Breaded Fish
Fillet Fingers**
MSC Fish Fillet
Fingers, served with
Chips / Jacket Wedges.

**MSC Salmon &
Sweet Potato
Fishcake**
MSC Salmon & Sweet
Potato, served with
Chips / Jacket Wedges.

 **Arrabiata Pasta**
Chilli Tomato Sauce
with Lentils & Peppers,
served with Pasta &
Crusty Bread.

Selection of
Sandwiches

 **Vanilla Cookie**
Custard flavoured
Cookie.



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Week 2: 20th Apr, 11th May,
1st Jun, 22nd Jun, 13th Jul,
3rd Aug, 24th Aug, 14th Sep,
5th Oct, 26th Oct

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Grove House Primary School Menu



Mon


**ProVeg Mild
Chicken Curry**
Indian inspired
aromatic Red Tractor
Chicken, Sweet
Potato & Vegetable
Curry, served with
Rainbow Rice.

 **Mascarpone
Pasta**
A creamy Sauce
with Tomatoes,
Mascarpone Cheese
and Herbs, served
with Crusty Bread.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**

 **Paris Sandwich**
A light, sweet
Pastry with Jam,
sandwiched in
between, served with
Custard.

Tue


 **ProVeg Creamy
Mac & Cheese**
A Macaroni
Pasta dish, coated
in a creamy Mature
Cheddar Sauce,
served with crusty
Bread.

 **Super
Savoury Roll**
Flakey Puff Pastry
with a seasoned
filling, served with
Seasoned Potatoes.

 **Homemade BBQ
Quorn with Rice**
Quorn Pieces in a
Barbeque flavoured
Tomato Sauce, served
with Rainbow Rice.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**

 **Peaches & Ice
Cream with Syrup**
Vanilla Ice Cream
with Tinned Peach
Slices, with a
Chocolate flavoured
Syrup.

Wed

Roast Meat Dinner
Red Tractor Accredited
Meat (either Gammon,
Turkey or Pork Loin)
served with Yorkshire
Pudding, Roast
Potatoes, Seasonal Veg
& Gravy.

 **Halal Roast
Chicken Breast**
Red Tractor accredited
HMC Chicken Breast,
served with Yorkshire
Pudding, Roast
Potatoes & Vegan Gravy.

 **Toad in the Hole**
Quorn Sausage,
baked in a light
Batter, served with
Roast Potatoes.

**Selection of
Sandwiches**

 **Lemon Drizzle**
A fluffy Lemon
Sponge with Icing
Drizzle, served with
optional Custard.

Thu

**Tuna &
Sweetcorn Pizza**
Wholemeal 50/50 base,
topped with a lightly
spiced Sauce and topped
with Mozzarella /
Cheddar Cheese & Tuna,
served with Chips /
Jacket Wedges.

 **Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.

 **Arrabiata Pasta**
Chilli Tomato Sauce
with Lentils & Peppers,
served with Pasta &
Crusty Bread.

**Selection of
Sandwiches**

 **Marble Sponge &
Chocolate Sauce**
Homemade Sponge
with hints of both
Vanilla & Chocolate
Cake, served with
Chocolate Sauce.

Fri

**Beef Burger
in a Bun**
Red Tractor
Accredited Beef &
Spinach Burger,
served in a Bun
with Chips / Baked
Potato Wedges.

 **Halal Chicken
Burger in a Bun**
Red Tractor
accredited HMC
Chicken Burger,
served in a Bread Roll
with Salad and Chips
/ Jacket Wedges.

 **Quorn Pattie
Burger in a Bun**
Quorn
Sausage-style
Pattie, served in
a Breadcake with
baked Jacket
Wedges / Chips.

**Selection of
Sandwiches**

 **Gallydale Biscuits**
Homemade, crumbly,
Oaty Biscuit.



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Week 3: 27th Apr, 18th May,
8th Jun, 29th Jun, 20th Jul,
10th Aug, 31st Aug, 21st Sep,
12th Oct, 2nd Nov

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Grove House Primary School Menu



Mon

 **ProVeg Rich & Creamy Meat Lasagne**
Red Tractor Accredited Beef Mince in a rich Tomato Sauce with Vegetables, Herbs & Garlic, layered with Pasta Sheets & a Creamy Cheese Sauce, served with Garlic Bread.

 **Rich & Creamy Vegetarian Mince Lasagne**
Soya Mince & Vegetables in a rich Tomato Sauce with Vegetables, Herbs & Garlic, layered with Pasta Sheets & a Creamy Cheese Sauce, served with Garlic Bread.

 **Homemade BBQ Quorn with Rice**
Quorn Pieces in a Barbeque flavoured Tomato Sauce, served with Rainbow Rice.

Selection of Sandwiches

 **Flapjack**
A sweet Bar made with Oats, Golden Syrup & Butter.

Tue

Traditional Chicken Pie
Red Tractor Accredited diced Chicken Pieces in a rich Gravy with Vegetables, topped with a Golden Pastry Lid, served with Potatoes.

 **Halal Keema & Peas**
Red Tractor Accredited HMC Beef Mince & Peas, served with Spicy Pilau Rice.

 **Neapolitan Pasta**
Seasonal Veg, Beans & Herbs cooked and blended into a rich Tomato Sauce, served with Pasta.

Selection of Sandwiches /
 Hot Sub Roll

 **Strawberry Sponge & Custard**
Homemade, light Vanilla Sponge with a Strawberry Jam Swirl, served with Custard.

Wed

Sausage Pie
Red Tractor Accredited Sausage in Gravy, topped with Cheesy Mashed Potatoes, served with Yorkshire Pudding.

 **Halal Roast Chicken Breast**
Red Tractor accredited HMC Chicken Breast, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy.

 **Quorn Roast Dinner**
Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Vegan Gravy.

Selection of Sandwiches

 **Pears & Ice Cream with Syrup**
Vanilla Ice Cream with Tinned Pear Slices, with a Chocolate flavoured Syrup.

Thu

 **Classic Cheese & Tomato Pizza**
Wholemeal 50/50 base, topped with a lightly spiced Sauce and topped with Mozzarella / Cheddar Cheese, served with Chips / Jacket Wedges.

 **Mini Power Ball Pizza**
Wholemeal 50/50 base topped with a lightly spiced Sauce, and topped with Mozzarella / Cheddar Cheese & Meatless Balls, served with Chips / Jacket Wedges.

 **ProVeg Indian-style Sausage Rolls**
Puff Pastry with a Vegan Filling, served with Chips / Jacket Wedges.

Selection of Sandwiches

 **Chocolate Sponge & Chocolate Sauce**
Homemade, light Chocolate Sponge, served with Chocolate Sauce.

Fri

MSC Breaded Fish Fillet Fingers
MSC Fish Fillet Fingers, served with Chips / Jacket Wedges.

 **Vegetable Pakoras**
Mixed Vegetables & Onion coated in Tempura Batter, served with Chips / baked Jacket Wedges & Riata.

Assorted Jacket Potatoes /
Selection of Sandwiches

 **Butterfly Buns**
Individual, decorated Sponge-based Dessert.



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