



Grove House Primary School, Myers Lane, Bradford, BD2 4ED

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10th February 2026

Dear Parent/Carer,

The month of Ramadan is **expected** to start on **Tuesday 17th February** this year and I want to take this opportunity to wish you Ramadan Mubarak and best wishes in all your preparations.

I know this will be a very special time for many of you and your children. At school, we very much appreciate that Ramadan is an extremely important month for Muslims and we wish to work with parents to ensure that we support children's experience when this falls during term time. All classes in school will discuss the importance of Ramadan in the Muslim faith and how Muslims prepare for Eid-ul-Fitr.

We understand that fasting is a central part of Ramadan for families. We have therefore sought advice on fasting from a document produced by Bradford Council with consultation from the British Council of Mosques which states: *'The Council for Mosques advises that fasting becomes obligatory when a person reaches the age of puberty and therefore not compulsory for the majority of primary aged children.'*

During Ramadan, it is recommended for children to practise shorter or partial fasts in order to train them for full fasting when they become adults. **For those children in Year 5 and 6 who are choosing to fast** during the school day, they must have consent from parents/carers. Children who choose to fast will be supervised over lunchtime by a member of staff. During this supervised fasting time, we ask that all children show behaviour appropriate to this time of reflection. If children are unable to show the appropriate behaviour during supervised fasting, we would ask parents to take children home during lunchtime to supervise fasting.

If you have any further questions or queries, please do not hesitate to get in touch.
Yours sincerely,

Mr C Wickett
Assistant Headteacher

Please return the letter below to the class teacher

Child's Name _____

Class _____

- My Child will NOT be fasting during Ramadan
- My Child will be observing partial fasts outside of the school day during Ramadan
- My Child will be observing partial fasts within the school day during Ramadan
- My Child will be observing full fasts during Ramadan

Signed _____ (Parent/Carer)*

*Please note school will not be able to support children effectively with fasting who do not return this slip.

