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# **Grove House Primary School**

Wk 1 - 3rd Nov, 24th Nov, 15th Dec, 5th Jan, 26th Jan, 16th Feb, 9th Mar, 30th Mar Wk 2 - 10th Nov, 1st Dec, 22nd Dec, 12th Jan, 2nd Feb. 23rd Feb, 16th Mar, 6th Apr Wk 3 - 17th Nov, 8th Dec, 29th Dec, 19th Jan, 9th Feb, 2nd Mar, 23rd Mar, 13th Apr

## MON

Bread

### Soya & Red Lentil Bolognaise & Garlic

(Soya Mince & Lentils in a rich tomato and herb sauce served with pasta & Garlic Bread)

Spaghetti Marinara (A Tomato and mildly spiced Sauce combined into cooked

Selection of Sandwiches

Spaghetti, topped with Cheese)

Pears & Ice Cream with Syrup

(Vanilla Ice Cream with Tinned Pear Slices with a Chocolate flavoured Syrup)

#### Creamy Chicken Pasta & Crusty Bread

(Red Tractor Accredited diced Chicken in a homemade Creamy Sauce with Garlic, served with Penne Pasta)

BBQ Quorn Pasta (Quorn Pieces in a Barbeque flavoured Tomato Sauce, served with Wholemeal Pasta)

Selection of Sandwiches

Chocolate Crispy Crunch puffed Rice, Cocoa & Syrup)

Halal Keema Biryani (Red Tractor Accredited HMC Beef Mince & Peas in a Spicy

Rainbow

Jambalaya Jamboree (Mildly spiced Rice with Peppers, Vegetables and Beans, served with Crusty Bread)

Selection of Sandwiches

Marble Sponge & Chocolate Sauce

### TUES

#### Jacket Potato with Halal Chicken Bhuna (Jacket Potato served with Red Tractor Accredited HMC Beef Mince in a spicy chill sauce)

Jacket Potato with Cheese (Baked potato topped with grated cheese served with Salad)

Jacket Potato with Garden Harvest Tikka (Jacket Potato with Indian inspired aromatic Vegetable Curry)

Selection of Sandwiches

Strawberry Sponge & Custard (Homemade, light Vanilla Sponge with a Strawberry Jam swirl, served with

Jacket Potato with Halal Chilli (Jacket Potato served with Red Tractor Accredited HMC Beef Mince in a spicy chill

Custard)

sauce) Jacket Potato

with Tuna Mayo (Baked potato topped with Tuna Mayonnaise served With Salad)

Jacket Potato with Cheese (Baked potato topped with grated cheese served with Salad)

Selection of Sandwiches

Vanilla Sponge (Homemade, light Vanilla Sponge with a hint of Vanilla, served with Custard)

### Beef & Red Lentil

Bolognaise & Garlic Bread (Red Tractor Accredited Beef Mince & Lentils in a Tomato Sauce served with Pasta & Garlic Bread)

Arrabiata Pasta (Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)

Selection of Sandwiches

Apple Crumble & Custard

(Sliced Apples topped with Oat Crumble, served with

Roast Weat Dinner (Red Tractor Accredited Meat (either Gammon, Turkey or Pork Loin) served with Yorkshire Pudding, Roasties & Gravy)

(A) Halai Roast

Chicken Breast (Red Tractor Accredited HMC Chicken Breast, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy)

Golden Cheese Whirl (Cheese, Potato & Onion encased in Puff Pastry, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy)

Selection of Sandwiches

Fruity Flapjack

(Red Tractor Accredited Meat (either Gammon, Turkey or Pork Loin) served

with Yorkshire Pudding, Roasties &

Chicken Breast

(Red Tractor Accredited HMC

Chicken Breast, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy)

Quorn Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal

Vegetables & Vegan Gravy)

Selection of Sandwiches

(Baked Vanilla Sponge with blended Apples & topped

Apple Cake

**Roast Meat Dinner** 

(A) Haiai Roast

with Icina Sugar)

(Red Tractor Accredited Meat (either Gammon, Turkey or Pork Loin) served with Yorkshire Pudding, Roasties &

Chicken Tikka Dinner

(Red Tractor Accredited HMC Chicken Breast marinated with Indian Spices & Yogurt, served

with Yorkshire Pudding, Roast Potatoes & Vegan Gravy)

Quorn Sausage & Yorkshire Pudding (Quorn Sausage served with Yorkshire Pudding, Roast

Potatoes & Vegan Gravy) Selection of Sandwiches

Decorated

Fruit Jelly (Jelly with Fruit, topped with Fresh Cream)

Roast Meat Dinner

Halal Roast

(A sweet Bar made with Oats, Golden Syrup & Butter with Fruit)

## **THUR**

Mini Power Ball Pizza (Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese & Meatless Balls)

Selection of Sandwiches

### FRI

### Southern Fried Chicken Goujons & Garlic Mayo (Red Tractor Accredited pre fried Breaded Chicken, served with Garlic Mayonnaise & baked Jacket Wedges)

(A) Halal Chicken

Breast Nuggets (HMC Accredited Halal Chicken Breast lightly battered, served with Baked Jacket Wedges & optional Garlic Dip)

Crispy Dippers
(A blend of Vegetables and Potato coated in Breadcrumbs served with Ketchup and baked Jacket Wedges)

Selection of Sandwiches

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Chocolate Sponge & Chocolate Sauce

(Homemade light Chocolate Sponge, served with Chocolate Sauce)

Classic Cheese & Tomato Pizza with

Coleslaw & Salad (Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)

Selection of Sandwiches

Banana Muffins with Bananas & drizzled

**MSC Battered** Fish Fillet

(MSC Battered Fillet of Fish, served with Chipped Potatoes)

Golden Cheese Roll (Cheese mix wrapped in Puff Pastry, served with Creamed Potatoes & Seasonal Vegetables)

Selection of Sandwiches

Peaches & Ice Cream with Syrup Vanilia Ice Cream with Tinned Peach Slices with a Chocolate flavoured Syrup)

Classic Cheese & Tomato Pizza with

Coleslaw & Salad (Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)

Selection of Sandwiches

Chocolate Sponge & Chocolate Sauce (Homemade, light Chocolate Sponge, served

MSC Breaded Fish **Fillet Fingers** 

(MSC Fish Fillet Fingers, served with Seasoned Potatoes)

MSC Salmon &

Sweet Potato Fishcake (MSC Salmon & Sweet Potato, served with Seasoned Potatoes)

Vegetable Pakoras (Mixed Vegetables & Onion coated in Tempura Batter, served with Baked Jacket Wedges & Raita)

Selection of Sandwiches

Sprinkle Cake (Homemage Vanilla Sponge lightly topped with Water long and Sprinkles)

Gallydale Biscuits (Homemade, crumbly, Caty Biscuit)

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For full allergen & nutritional





