

Grove House Primary School, Myers Lane, Bradford, BD2 4ED

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Grove House Primary School

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Play Policy

Outdoor Play and Learning (OPAL)

Commitment -

Our school is committed to providing the highest quality play for all of our students and through strategic planning we will achieve this. Our school refers to this play policy in all decisions that affect children's play.

Rationale -

At Grove House, we believe that every child should experience kindness, safety and understanding in all that they do, both in the classroom and outside it. Our school believes that all children need opportunities to play that allow them to explore and manipulate their environment, in a way that allows them to learn about and apply these values to everyday life. Adults strive only to facilitate their imagination to build with, and grow with, their environment in accordance with these values. With inclusion being at the heart of our school, we think that all students should have the opportunity to access and excel using all of their creativity and enthusiasm.

The OPAL Primary Programme rationale is that "... better, more active and creative playtimes can mean happier and healthier children, and having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life."

Through the effects of the COVID-19 pandemic, it is as important as ever to give students not only opportunities to play, but opportunities to improve skills such as teamwork, communication, creativity, problem solving and turn taking.

At Grove House Primary, our aim is to give students this opportunity and to allow them to find these skills through the values of being kind, safe and understanding.

Value of Play













Play is defined as a process that is intrinsically motivated, directed by the child and freely chosen by the child. Play has its own value and provides its own purpose. It may or may not involve equipment or other people.

We believe play has many benefits, including:

- Play is critical to children's health and wellbeing, and essential for their physical, emotional, social, spiritual and intellectual development. It allows us to nurture their resilience to challenges, challenges that life will present them with. This is vital in a climate in which children's mental health is being tested more than ever.
- Play enables children to explore the physical and social environment, as well as different concepts and ideas.
- Play enhances children's self-esteem and their understanding of others through freely chosen social interactions, within peer groups, with individuals, and within groups of different ages, abilities, interests, genders, ethnicities and cultures.
- Play requires ongoing communication and negotiation skills, enabling children to develop a
 balance between their right to act freely and their responsibilities to others. It teaches them
 to be respectful and tolerant of others.
- Play enables children to experience a wide range of emotions and develop their ability to cope
 with these, including sadness and happiness, rejection and acceptance, frustration and
 achievement, boredom and fascination, fear and confidence. It teaches children to be
 understanding of one another. It harvests their imagination and opens their minds to things
 that they might not otherwise do.
- Play encourages self-confidence and the ability to make choices, problem solve and to be creative.
- Play maintains children's openness to learning, develops their capabilities and allows them to push the boundaries of what they can achieve.

<u>Aims</u>

In relation to play our school aims to:













- Ensure play settings provide a varied, challenging and stimulating environment to enable all children to reach their full potential
- Allow children to take risks and use a common-sense approach to the management of these
 risks and their benefits, to ensure that children develop imagination and independence in all
 aspects of life
- Provide opportunities for children to develop their relationships with each other and ensure that we are being kind.
- Enable children to develop respect for their surroundings and each other whilst being safe and understanding of others around us.
- Aid children's physical, emotional, social, spiritual and intellectual development.
- Provide a range of environments that will encourage children to explore and play imaginatively.
- Provide a range of environments that will support children's learning across the curriculum and learning about the world around them.
- Promote independence and teamwork within children.
- Build emotional and physical resilience to become compassionate members of their community and have a positive impact on the building of a collaborative and cohesive community

Rights

Our school recognises the UN Convention on the Rights of the Child, which includes the right to play, recreation and leisure (Article 31) and the right of children to be listened to on matters important to them (Article 12). We acknowledge that we have a duty to take these rights seriously and listen to children's views on their play.

1. Benefit and risk

'Play is great for children's wellbeing and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool.'

Managing Risk in Play Provision: An Implementation Guide (Play Safety Forum, 2012)













At Grove House, we passionately believe that children need to experience risk and challenge. We want our children to endeavour to improve upon things that they find more challenging. We understand that life often throws up challenges for all of us. We nurture those qualities within our pupils, which help them grow and flourish into young people who are not afraid of having a go. We know the importance of learning from mistakes as well as persevering and being resilient when doing so. We believe that children become their best when they feel safe and happy, experiences that can only ever be truly realised if they have experienced challenges and not necessarily always overcome them in the short term. We want to make every opportunity and minute count, so that our children know that risk is inherent in everything worthwhile.

We have used the Health and Safety Executive guidance document *Children's Play and Leisure – Promoting a Balanced Approach* (September 2012) as the principal value statement informing our approach to managing risk in play. In doing so, we adopt a risk-benefit approach as detailed in *Managing Risk in Play Provision: An Implementation Guide (Play Safety Forum, 2012).*

Risk-taking is an essential feature of play provision and of all environments in which children legitimately spend time at play. Play provision aims to offer children the chance to encounter acceptable risks as part of a stimulating, challenging and managed play environment. As outlined in the play sector publication 'Best Play', play provision should aim to 'manage the balance between the need to offer risk and the need to keep children and young people safe from harm'.

In addition to standard risk-benefit assessments the school will practise dynamic risk management with children, encouraging them to identify and manage risks in an environment where adults are present to support them.

N.b. Full HSE Managing Risk Statement is attached as an appendix to this document and is saved on the shared drive.

Supervision

The law requires that children in school have supervision but for primary school playtimes there are no stated ratios. During the school day there should be one or more adults present outdoors. The school recognises OPAL's three models of supervision: Direct, Remote and Ranging. Except for new children in reception, whose skills and orientation in the school environment need to be assessed, the school does not believe direct supervision is possible or beneficial. Supervisors will use ranging and remote supervision models, so that children can quickly find an adult and adults can patrol large sites to gain an awareness of the kinds of play and levels of risk likely to be emerging.













Staff ratios alternate at various times of play, ranging from 1:12 - 1:15.

The adult's role in play

The school will help children maximise the benefits they can gain from play by the provision of trained staff who are informed by and work in accordance with the Playwork Principles. Staff will use and refer to these principles when appropriate interventions are needed, and ultimately will strive for facilitating an environment that nurtures children's self-directed play.

The playworker's core function is to create an environment that will stimulate children's play and maximise their opportunities for a wide range of play experiences. A skilled and experienced playworker is capable of enriching the child's play experience both in terms of the design and resources of the physical environment and in terms of the attitudes and culture fostered within the play setting. Playworkers are a channel of access to new materials and tools and they can act as a stimulus to children to explore and learn. They are also available to participate in the play if invited.

Our play team can extend and support a child's play simply by engaging with children during play. They can talk to children about their play. By being involved, children learn that adults are invested in them and respect their play decisions. For example, could that barrel be a rudder on the ship or a shark in the water? Could that netting be a dress for Cinderella or a trap for your next meal? Is that tyre going to be a wheel for Cinderella's carriage or something that needs changing in a pit-stop in a Formula One race.

Equality and Diversity

Through providing a rich play offering meeting every child's needs we will ensure all children, regardless of age, gender, race, disability or other special needs, can develop and thrive, build strong relationships and enjoy school.

For further information regarding equality and diversity, please reference the Equality Information Trust Policy on our school website.

Environment

We believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable or unnecessary risks and thereby offer children the opportunity to explore for themselves through their freely chosen play.













We will strive to continually improve the quality and diversity of our school's grounds to enhance play.

Further to this, we believe that rich play supports safeguarding (as children better understanding risk versus reward), helps children develop confidence in tam building and advocating their own rights (e.g. simple sharing and turn-taking), increases their social and emotional capabilities and helps develop a love and enjoyment of the outdoors. There are other benefits to this, such as how to care for the environment.

HSE - Managing risk in play and leisure

CHILDREN'S PLAY AND LEISURE - PROMOTING A BALANCED APPROACH

- Health and safety laws and regulations are sometimes presented as a reason why certain play and leisure activities undertaken by children and young people should be discouraged. The reasons for this misunderstanding are many and varied. They include fears of litigation or criminal prosecution because even the most trivial risk has not been removed. There can be frustration with the amounts of paperwork involved, and misunderstanding about what needs to be done to control significant risks.
- 2. The purpose of this statement is to give clear messages which tackle these misunderstandings. In this statement, HSE makes clear that, as a regulator, it recognises the benefits of allowing children and young people of all ages and abilities to have challenging play opportunities.
- 3. HSE fully supports the provision of play for all children in a variety of environments. HSE understands and accepts that this means children will often be exposed to play environments which, whilst well-managed, carry a degree of risk and sometimes potential danger.
- 4. HSE wants to make sure that mistaken health and safety concerns do not create sterile play environments that lack challenge and so prevent children from expanding their learning and stretching their abilities.
- 5. This statement provides all those with a stake in encouraging children to play with a clear picture of HSE's perspective on these issues. HSE wants to encourage a focus on the sensible and proportionate control of real risks and not on unnecessary paperwork. HSE's primary interest is in real risks arising from serious breaches of the law and our investigations are targeted at these issues.

Recognising the benefits of play

Key message: 'Play is great for children's well-being and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool'.













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- 1. HSE fully recognises that play brings the world to life for children. It provides for an exploration and understanding of their abilities; helps them to learn and develop; and exposes them to the realities of the world in which they will live, which is a world not free from risk but rather one where risk is ever present. The opportunity for play develops a child's risk awareness and prepares them for their future lives.
- 1. Striking the right balance between protecting children from the most serious risks and allowing them to reap the benefits of play is not always easy. It is not about eliminating risk. Nor is it about complicated methods of calculating risks or benefits. In essence, play is a safe and beneficial activity. Sensible adult judgements are all that is generally required to derive the best benefits to children whilst ensuring that they are not exposed to unnecessary risk. In making these judgements, industry standards such as EN 1176 offer bench marks that can help.
- 1. Striking the right balance does mean:
 - Weighing up risks and benefits when designing and providing play opportunities and activities
 - Focussing on and controlling the most serious risks, and those that are not beneficial to the play
 activity or foreseeable by the user
 - Recognising that the introduction of risk might form part of play opportunities and activity
 - Understanding that the purpose of risk control is not the elimination of all risk, and so accepting
 that the possibility of even serious or life-threatening injuries cannot be eliminated, though it
 should be managed
 - Ensuring that the benefits of play are experienced to the full
- 1. Striking the right balance does not mean:
 - All risks must be eliminated or continually reduced
 - Every aspect of play provision must be set out in copious paperwork as part of a misguided security blanket
 - Detailed assessments aimed at high-risk play activities are used for low-risk activities
 - Ignoring risks that are not beneficial or integral to the play activity, such as those
 - introduced through poor maintenance of equipment
 - Mistakes and accidents will not happen

What parents and society should expect from play providers

Key message: 'Those providing play opportunities should focus on controlling the real risks, while securing or increasing the benefits – not on the paperwork'.













- 1. Play providers should use their own judgement and expertise as well as, where appropriate, the judgement of others, to ensure that the assessments and controls proposed are proportionate to the risks involved.
- 1. They should communicate what these controls are, why they are necessary and so ensure everyone focuses on the important risks.
- 1. It is important that providers' arrangements ensure that:
 - The beneficial aspects of play and the exposure of children to a level of risk and challenge are not unnecessarily reduced
 - Assessment and judgement focuses on the real risks, not the trivial and fanciful
 - Controls are proportionate and so reflect the level of risk
- 1. To help with controlling risks sensibly and proportionately, the play sector has produced the publication Managing Risk in Play Provision: Implementation Guide which provides guidance on managing the risks in play. The approach in this guidance is that risks and benefits are considered alongside each other in a risk-benefit assessment. This includes an assessment of the risks which, while considering the benefits of the activity, ensures that any precautions are practicable and proportionate and reflect the level of risk. HSE supports this guidance, as a sensible approach to risk management.

If things go wrong

Key message: 'Accidents and mistakes happen during play – but fear of litigation and prosecution has been blown out of proportion.'

- 1. Play providers are expected to deal with risk responsibly, sensibly and proportionately. In practice, serious accidents of any kind are very unlikely. On the rare occasions when things go wrong, it is important to know how to respond to the incident properly and to conduct a balanced, transparent review.
- 1. In the case of the most serious failures of duty, prosecution rightly remains a possibility, and cannot be entirely ruled out. However, this possibility does not mean that play providers should eliminate even the most trivial of risks. Provided sensible and proportionate steps have been taken, it is highly unlikely there would be any breach of health and safety law involved, or that it would be in the public interest to bring a prosecution.

References

1. The Courts have made clear that when health and safety law refers to 'risks', it is not contemplating risks that are trivial or fanciful. It is not the purpose to impose burdens on employers that are wholly unreasonable (R v Chargot (2009) 2 All ER 660 [27])













2. Play providers include those managing or providing play facilities or activities in parks, green spaces, adventure playgrounds, holiday playschemes, schools, youth clubs, family entertainment centres and childcare provision.









