



JU:MP Journeys Letter to Parents

Hello,

As the leaves begin to fall, we are entering Autumn. Nature's new colours are all around. It's a great time to be outside. The school has signed up to **JU:MP Journeys** this Autumn. Let's get our children more active on their journey to school.

5 days of **JU:MP Journeys** will excite children about scooting, cycling, and walking. Children who scoot, cycle or walk to school, on all 5 days will be in the raffle and could win their own JD Bug folding scooter.

All children will receive a **JU:MP Journeys** Loyalty card, they need to write their name on the card. Every day of **JU:MP Journeys** that they scoot, cycle, or walk to our activities they get their card stamped. Five stamps and they are in the raffle. There are also JU:MP Badges for children who really make a lot of effort to be more active.

If your child is normally driven to activities why not leave the car at home and scoot, cycle or walk. If you need to do an onward journey by car, after dropping your child, you could park further away, enabling a 10-minute walk or scoot. Your child gets a stamp.

***JU:MP Journeys** has been trialled at several JU:MP schools over the last year and been very successful, with children getting excited about being more active on the school run. On each occasion it's led to a long-term increase in active travel.*

There are lots of benefits to walking, cycling and scooting to school

- *Being active makes you happy!*
- *It can improve your concentration*
- *Not driving helps the planet too*

You can also

- *Chat with friends or family on the way*
- *Breathe in the fresh air*
- *Check out the local nature*
- *Feel stronger and healthier!*

JU:MP Journeys is taking place on the week beginning: **Monday 13th November**

Let's get active!