

PE Long Term Plan	Autumn 1 Outdoor	Autumn 2 Indoor	Spring 1 Indoor	Spring 2 Indoor/Outdoor	Summer 1 Outdoor	Summer 2 Outdoor
Nursery	Early Development		Explore movement and how to be healthy		Travelling in different ways	
Reception Fundamentals	Body Management	Dance	Gymnastics	Cooperate and Solve Problems	Manipulation and Coordination	Speed Agility Travel
Year 1 Fundamentals	OAA	Dance	Gymnastics	Attack Defend Shoot	Hit Catch Run	Run Jump Throw
	Fitness (Unit 1)		Send and return		Fitness (Unit 2)	
Year 2 Fundamentals	OAA	Dance	Gymnastics	Attack Defend Shoot	Hit Catch Run	Run Jump Throw
	Fitness (Unit 1)		Send and return		Fitness (Unit 2)	
Year 3	Basketball	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA		Fitness/Health		Tennis	
Year 4	Basketball	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA		Fitness/Health		Tennis	
Year 5	Basketball	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA		Fitness/Health		Tennis	
Year 6	Basketball	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA		Fitness/Health		Tennis	