



Dear Parent/Carer,

In school we have children who have severe allergies to nuts. If these children are in contact with nuts it can cause a severe allergic reaction (anaphylactic shock), either through ingestion of nut products, cross contamination and breathing peanuts in the air.

Since this condition can be life threatening, we are asking for your help in minimising the risk to these children by:

- a) Avoiding giving children any types of nuts in their school lunches
- b) Avoiding giving peanut butter/nutella sandwiches, or other spreads or snack bars containing nuts or labelled "may contain nut traces" in school lunches
- c) Asking children **not** to share their lunches.

Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to these children.

We thank you for your co-operation.

Yours sincerely,

Miss L Clapham
Head of School



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