Lockdown Learning Timetable - Key Stage One

	9:00 - 9:30	9:30 - 10:15	10:15 - 10:30	10:30 - 11:15	11:15 - 11:45	11:45 - 12:45	P.M
Monday	P.E with Joe Wicks	Writing Activity	Snack time/ Play time/ Relaxation	White Rose Maths	Spellings/ Free reading/ Wellbeing check in with your teacher	Snack time/ Play time/ Relaxation	Art/ Design and Technology
Tuesday	Cosmic Yoga (Mindfulness)	Reading Activity		White Rose Maths	Spellings/ Free reading/ Wellbeing check in with your teacher		Science
Wednesd ay	P.E with Joe Wicks	Writing Activity		White Rose Maths	Spellings/ Free reading/ Wellbeing check in with your teacher		Assembly - Watch our assembly and complete the challenge.
Thursday	Cosmic Yoga (Mindfulness)	Reading Activity		White Rose Maths	Spellings/ Free reading/ Wellbeing check in with your teacher		History/ Geography

Friday	P.E with Joe Wicks	Writing Activity	White Rose Maths	Spellings/ Free reading/ Wellbeing check in with your teacher	Celebration Afternoon - Celebrate what you have achieved this week - Post onto our Facebook page or Twitter!	
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